

# Supporting mental health at work

Do you have employees experiencing depression, stress, anxiety, low mood, an eating disorder, insomnia, or another mental health condition which is affecting their work?



**“They’re not  
alone”**

**Remploy  
can help. They  
can call us on:**

**0300 456 8114**

**jobcentreplus**

Department for  
Work and Pensions

**Remploy** in partnership  
with MAXIMUS

# A healthy and happy workforce is a more productive one

If you have employees who are experiencing mental health difficulties at work, we can help.

The Workplace Mental Health Support Service, delivered by Remploy and funded by the Department for Work and Pensions, is free and complements any existing occupational health service you have. It is delivered by trained professionals with expertise in mental health in the workplace.

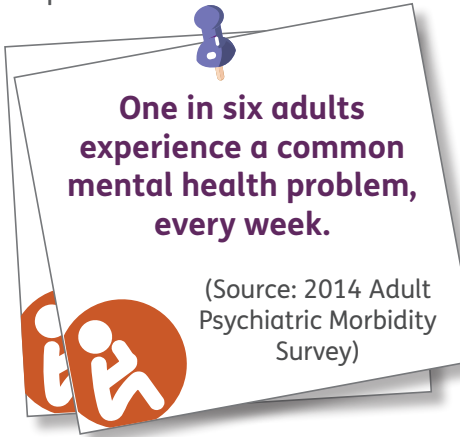
Our advisors will help your employees with:

- Emotional and wellbeing support for six months
- Successful coping strategies
- A step-by-step support plan
- Workplace adjustments.

Your employees can qualify for this service if they:

- Are in permanent or temporary employment (working or signed off sick)
- Have a mental health condition that has resulted in workplace absence, or making it difficult to remain in work.

Applications are subject to a decision by Access to Work.



**One in six adults  
experience a common  
mental health problem,  
every week.**

(Source: 2014 Adult  
Psychiatric Morbidity  
Survey)

## Just talk to us and we'll do the rest:



0300 456 8114



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[www.remploy.co.uk/mentalhealth](http://www.remploy.co.uk/mentalhealth)



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to help”**

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